



VOLUNTEER TRIP PACKING LIST

The Grand Canyon Trust has gear to lend. Please let us know if you will need any equipment. We have a limited number of the items below marked with an asterisk*. These items are checked out on a first come-first served basis. Questions? Call us: (928)774-7488, or email: volunteernow@grandcanyontrust.org

Required Items

- *Sleeping Bag
- *Sleeping Pad
- *Tent
- *Headlamp or Flashlight
- 3 Liters Water Carrying Capacity- 3 Nalgene-type water bottles or a hydration pack.
- Hiking/Work Shoes- Closed-toe shoes required while working!
- Sun Hat
- Sunglasses
- Sunscreen
- Rain Jacket (required), Rain Pants (optional)
- Work Clothes (Pants/Long sleeves)- These will get dirty/ruined, depending on work.
- Camp Clothes- Comfortable clothes to wear after a long day of work.
- Long Sleeve Light Weight Top- For sun protection (long sleeved, collared, buttoned shirts from the thrift store – light colors/cotton are great – are the classic AZ choice!)
- Long Underwear/Fleece/Warm Hat (Days can be cold, nights can be below freezing!)
- Socks- Wool or synthetic is best.
- Pants/Shorts- You should have long pants for protection.
- Small Backpack for Daily Outings
- **Personal Toiletries/ Medications/ Towel**- Be prepared to have no sink or shower.
- Mug for hot drinks
- Tupperware style container for packing lunch

Optional Items

- Camp Shoes (Sometimes it is nice to get out of those hiking boots!)
- Camera
- Journal and Pen
- Lots of Lotion and Chap Stick/Lip Balm- it is arid!
- Personal Spoon/Knife/Fork (and/or Swiss Army Knife)
- Musical Instruments
- Beverages of choice

Things to remember

- Weather in northern Arizona is very fickle. Please come prepared for hot days (or cold ones), sun, rainstorms, potential snow, and freezing nights. You will be happy you did!
- All meals and snacks will be provided.
- Any special snacks and beverages are NOT provided, unless dietary restrictions are noted on registration forms.
- All cookware, plates, bowls, silverware will be provided (except lunch Tupperware and mug)
- All tools and work supplies will be provided.